

Virtual Natspec Games 2022





What is the Virtual Natspec Games?

Natspec is the voice of specialist further education. They are a membership organisation for specialist colleges within the UK, and also provide training to the wider sector regarding young people with learning difficulties and / or disabilities.

In partnership with AoC Sport and supported by Sport England, the Natspec Games provides inclusive sporting opportunities for young people with SEND. Usually delivered across five locations in England, the Natspec Games are hosted by Natspec colleges with the help of local and national deliverers.

Due to the success of the 2021 Virtual Natspec Games, the 2022 Games will take place virtually across a week from Monday 4th July to Friday 8th July.

How can I get involved in the Virtual Natspec Games?

Live Sessions

Live sessions will take place on Zoom throughout the week from 10.30am-11am.

Pre Recorded Sessions

Colleges can use these sessions to fit around curriculum delivery.

Challenges

Colleges will be set challenges and encouraged to send their scores and any photos/videos to be in with a chance of winning some prizes.

Athlete Question and Answer Sessions

Watch videos of athletes answering questions about their experiences of sport.

Virtual Natspec Games Activity Links

Monday

- Live Session: 10.30AM-11AM- Opening ceremony including live warm up session
- Pre Recorded Session: HIIT Workout with CSC Doncaster
- Daily Challenge: Bullseye Challenge with the FA

Tuesday

- Live Session: 10.30AM-11AM- Live Tennis Skills with the LTA
- Pre Recorded Session: Exercise through dance with Sense Active
- Daily Challenge: Student led challenge with Sense College

Wednesday

- Live Session: 10.30AM-11AM- Netball/ Ball Skills with England Netball
- Pre Recorded Session: PE Activity Ideas with LUSU
- Daily Challenge: Challenge with England Netball- Please ensure you have a ball or other object.

Virtual Natspec Games Activity Links

Thursday

- [Live Session: 10.30AM-11AM- Live Zumba Session with Hannah](#)
- Pre Recorded Session: [MATP with Special Olympics](#)
- Daily Challenge: [Striking MATP Challenge with Special Olympics](#)

Friday

- [Live Session: 10.30AM-11AM-Closing Ceremony](#)
- Pre Recorded Session: [Boxercise with British Blind Sport](#)

Virtual Natspec Games Challenges

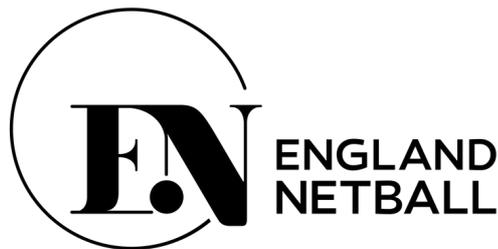
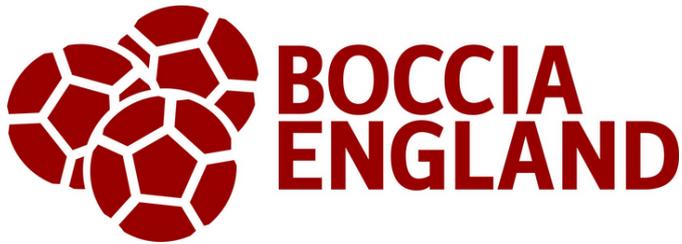
A challenge will be set each day and sent to the main contact email address by 10am.

For a chance to win a prize, colleges are asked to submit scores or how many students participated along with photos/videos (where possible) of students completing the challenge by 5pm on the challenge day to shannon.howarth@aoc.co.uk

Prizes will be awarded to entries via a random prize draw. Each student entry will count as a separate entry into the prize draw.

All challenge winners will be announced at the closing ceremony.

With Thanks To



All Natspec Colleges