

NATSPEC GAMES

IMPACT REPORT



acc | sport
every student active



INTRODUCTION

The Natspec Games delivered in partnership with AoC Sport and Natspec and funded by Sport England, returned for the 2020-21 academic year but with a change in format.

With the ongoing COVID-19 pandemic, the decision was made to move the event to an online format taking place over a week.

Virtual Natspec Games 2021 Timetable					
The table below shows the plan for the Natspec Games. All activities can be done using household items.					
	Monday	Tuesday	Wednesday	Thursday	Friday
Live 11AM- 11.30AM	Opening ceremony including live warm up session	Live Yoga with YogaMobility	Live Netball/ Ball Skills with England Netball	Live workout with St John's College	Live closing ceremony
Pre Recorded	Boxercise with British Blind Sport	HIIT Workout with CSC Doncaster Fitness with WheelPower	Tennis with LUSU	Yoga with CSC Doncaster	Fitness with Get Yourself Active
Daily Challenge	Boccia Challenge with Boccia England	3 Step Challenge with The FA	Challenge with England Netball	Rugby Challenge with Harlequins Foundation	Challenge winners announced at closing ceremony

IMPACT IN NUMBERS

45

COLLEGES
PARTICIPATED

1554

DISABLED
STUDENTS
ENGAGED IN
PHYSICAL
ACTIVITY

9

NET PROMOTER
SCORE OUT OF
10 GIVEN BY
COLLEGES



HOW WERE THE NATSPEC GAMES DELIVERED ONLINE?

The below activity types took place across the week and can be found in a document [here](#).

Online pre-recorded workouts and activities

Colleges could use these sessions to fit around curriculum delivery and were released throughout the week. Deliverers included Natspec colleges, the LTA, British Blind Sport and WheelPower.

Live workouts and activities

Colleges were able to take part together in live sessions with one session a day hosted live. Deliverers included England Netball, YogaMobility and a student from a Natspec College.

Sense- Making sense of mini games delivery kit

Using the Sense resource, colleges were sent an equipment bag to be able to deliver activities in the resource.

HOW WERE THE NATSPEC GAMES DELIVERED ONLINE?

Question and answer sessions

Azeem Amir and Jodie Ounsley recorded good luck messages and questions about life as an athlete.

Challenges

Colleges were set challenges by partner organisations such as the FA, England Netball, Harlequins Foundation and Boccia England.

Colleges were encouraged to send their scores and any photos/videos.

288 challenge scores were submitted throughout the week.

Live sessions were delivered using zoom and all pre-recorded sessions were accessed via a YouTube channel.

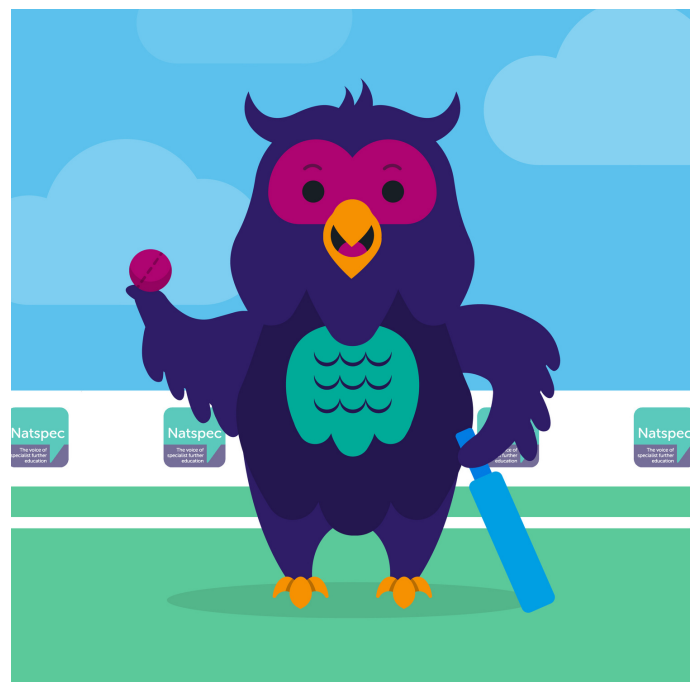
DESIGN A MASCOT COMPETITION

78

ENTRIES

A competition was delivered prior to the Natspec Games to give students the opportunity to design the first ever Natspec Games Mascot.

The competition gave colleges the opportunity to engage a variety of students before the Natspec Games and encourage students to then participate. The winning design was then brought to life and used as a digital asset throughout the games.



FEEDBACK AND PARTICIPATION

1554

PARTICIPANTS

The Virtual Natspec Games engaged 1554 students from 45 Natspec Colleges.

When asked on a scale of one to ten whether they would recommend the Natspec Games to other colleges, the average score was nine.

Below are some quotes from participating colleges.

"Fantastic games, we all loved it and can't wait for the next one! Bridge College thanks you for arranging this event, it was fantastic and the students really enjoyed it so well done!"

"A thumbs up from one student who then drew a happy face. All the students particularly loved Ella's workout."

"Fun week with lots of varying activity to dip in and out of. The resources sent were amazing!!!! We used these prior to the games to get ideas and have used them since to keep encouraging a healthy lifestyle."

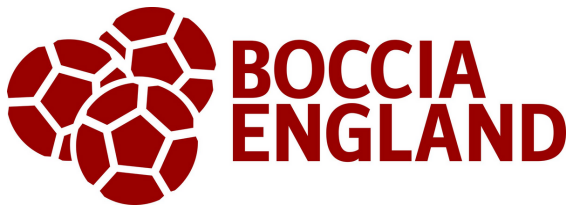
"Thank you for all your hard work organising this and ensuring sports opportunities continued at a difficult time."

"The virtual competition was really good and helped learners with mental health keep their minds focused on a task."

"All great, was so nice for the students to be involved on a national basis and see all the other students from all the other colleges."

WITH THANKS TO

The Virtual Natspec Games would not have been possible without the below organisations support.



Harlequins
FOUNDATION



LÜSÜ
INCLUSIVE SPORTS



All Natspec Colleges